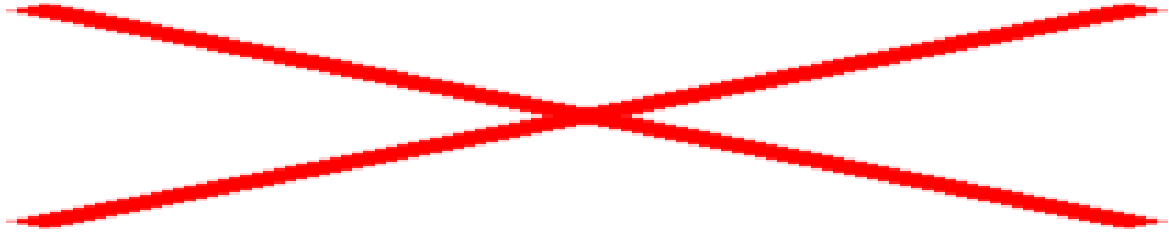


Details of the Avon Schools Country Championships.

The Championships will be held at **Clifton College playing fields**, Abbots Leigh, Bristol BS8 3QD on the 21st January 2023.

1. The 1st race will commence at 10.30.
2. Numbers and pins will be provided
3. Make sure runners arrive in plenty of time
4. At the end of the race the first 16 runners will be given a letter to provide information about the South West Schools Championships. These letters must be filled in and handed in at the pavilion before leaving.
5. Do not wear spiked footwear in the building.



A copy of the course map will be sent out at the weekend.

Ken Holmes